

# Woman's Page

## How to Fight the High Cost of Living

**Fight Against High Cost of Living Should Not Be Waged Entirely Against Grocer, Butcher and Baker—Comforts and Sheets Made at Home—Scraps of Cloth Used for Various Useful Articles—A Half Hour With the Children—Tree Contest—Bird Contest—Recipes.**

### MORE WAYS TO SAVE.

**Editor Standard Woman's Page:** The fight against the high cost of living seems to be waged largely against the grocer, the butcher, and the baker. In going back and forth on the trains I see much bedding out on the lines to be aired. Most of the comforts are of the ready-made variety. One rarely if ever sees the old-fashioned, home-made, large-enough-to-be-tucked-in kind. I find one can piece tops out of scraps of goods and out of old waists and skirts and make good comforts. One can easily be knotted in a couple of hours. Also pretty cotton tops and cotton hats can be bought for very little money. At the top of my comforts I put a strip of flour sacks or cheese cloth about eighteen inches wide to keep the top from getting soiled. This can be ripped off and washed whenever necessary and is a great saving to comfort tops.

"I buy the wide, unbleached sheeting at sales and it is bleached easily by hanging out in the sun a few days. Also my plain kitchen aprons. I can get aingham at 4 and 5 cents and for 10 cents can make a good work apron in a very short time. Instead of buying holders for kitchen use, one can make them in the same way as comforts—out of scraps at little cost. Dish towels can be made from bleached flour sacks and old table cloths, and dish cloths from salt sacks sewed together. The worn out knitted underwear makes fine wash rags and old worn out black hose make excellent mops.

"S. C. M."

### HALF HOUR WITH CHILDREN.

A half hour devoted to readings from the books of some of the great nature lovers—Thoreau, Burroughs, or Emerson. Follow this with guessing games on trees and birds.

### Tree Contest.

What part of a tree has a canine feature? Bark.  
What part often figures in one's fortune? Leaves.  
What part is a splendid traveling companion? Trunk.  
What part provides amusement for a hog? Root.  
What part with long preceding makes a well known watering place? Branch.  
What part is like a proud lady? Vein.

### Bird Contest.

What bird tells the time? Cuckoo.  
What bird is busiest in the harvest time? Thrasher.  
What bird to you find in the meat market? Butcher.  
What bird would you choose to make a suit? Tailor.  
What bird comes in early winter? Snowbird.  
What bird suggests the children's pet? Catbird.  
What bird is Uncle Sam's pet? Eagle.  
What bird is identified with a thief? Robin.  
What bird is a colored letter? Bluejay.  
What bird stands in the fireplace? Crane.  
What bird is an impersonator? Mockingbird.  
What bird is often toasted? Quail.  
What bird never tells the truth? Lyrebird.  
What bird is a "bit off"? Loon.  
What bird gets its colors from the Vatican? Cardinal.  
What bird is a contradiction in terms? Bluebird.  
What bird do you get with every meal? Swallow.  
For every correct answer in the bird contest a feather should be given. By the time the game is finished the room is filled with a laughing lot of headbedecked warriors.

C. C. S.

**Salsbury Steak.**—Remove fat, skin, and gristle from the middle cut of the best round steak and put it through a meat chopper three times. Make a round or an oblong of it about an inch and a half thick, put into a wire broiler, taking pains that the steak keeps its shape, and broil from four to six minutes. The correct method is to cook it over charcoal, but gas or coals may be used. Turn it constantly half a dozen times a minute. It should be merely hot through—just enough to take off the absolute rawness. Lay on a hot plate, sprinkle with salt, cut it in thin strips when serving, and let each person put butter on it as he wishes.

**Editor Standard Woman's Page:** I send a good recipe for tutti-frutti cake. It is much like the famous cake of Baltimore and may be made as follows:

"Use any good white cake recipe for layers, making three rather thick or four thin layers—square or oblong shapes slice better than the rounds. Make a white icing of two cups of

of sugar and the whites of three eggs and about two-thirds of a cupful of water. Cook sugar and water in the usual way for icing, taking care to have it just right or the icing will be sticky and run off the layers.

"Before making the icing have prepared a half a pound of seeded raisins cut in half, a quarter of a pound of citron shredded thin, a cupful of blanched almonds cut small, and one cupful of pecan meats, also cut into little pieces. Flour the raisins and citron lightly, mix with the nuts and stir into the icing. Spread between the layers and after spreading each layer sprinkle generously with grated cocoanut.

"When you have put the layers together cover the entire cake with filling and dash cocoanut on the sides and top. Never mix cocoanut in the icing, as it will soften it too much. Be careful to have the icing well cooked.

"Cake is better if it stands overnight before cutting, in order that the filling may become firm.

"This is a delicious filling. The citron may be omitted if you do not like it. The name 'tutti-frutti' means many or mixed fruits. A pinch of tartaric acid improves the icing and makes it dry more quickly. Lemon juice gives the necessary acid, but makes the icing rather soft. Lemon extract should be used with either acid. About half a cocoanut will be required.

"E. A. S."

This recipe differs from any of the many others that have been sent in for tutti-frutti cake, which by the way, literally translated from the Italian, signifies all fruits. The icing should boil, until it spins a thread as is the case with other icings made by boiling. The suggestion as to tartaric acid or citric acid should be followed with great caution, as even a little of this may be too much and spoil the cake. If you use lemon juice you can counteract the softening effect by putting a trifle more sugar to the proportion of liquid or reducing the amount of water. This cake may be beautifully garnished with cherries and stripes of angelica.

EDITOR.



BLUE SERGE EFFECTIVELY TRIMMED

A rather fine quality of serge was employed and the skirt was plain except for a slight draping at the back. The one-piece bolero jacket is edged with black braid and trimmed with bright blue china buttons. The vest and undersleeves are of white linen, embroidered and braided in different shades of Chinese blue. A girde of black satin ribbon, raised to one side in front, finishes the jacket.

## CONFESSION BY INLOW'S CELL MATE

Salt Lake, May 19.—Chris M. Christensen, charged with the murder of his wife, will today take the stand in the trial of Caleb A. Inlow, charged with the murder of Thomas "Eddie" White, and will tell in detail of an attempt of Inlow to break jail which was discovered last Friday morning at the county prison. Christensen told the entire story to Sheriff Andrew Smith, Jr., last night, relating every incident from the first time Inlow suggested the attempt to pick locks, file a heavy iron bar at the outside of the cell occupied by Inlow and Christensen and loosen bricks from the wall after the wooden window sill had been cut through. Christensen said that he had studied the situation carefully and had consulted with J. A. Hill, who was recently convicted of the murder of Marshal Frank A. Colclough at Midvale several weeks ago, and that he

had decided to tell the truth about the matter. He told Sheriff Smith that he believed self-protection is the first law of nature and that he will tell the straight truth of the matter regardless of results to either him or Inlow. Hill, who advised Christensen, occupies an adjoining cell, and Christensen admitted, advised him to make a clean breast of his complicity in the attempt to gain his freedom from the county jail.

**Christensen's Story.**  
Christensen said that he helped Inlow file into a heavy brass padlock to the mechanism so that the tumbler might be operated by inserting a wire. He denied that he knew of anything regarding Inlow's plans in the event that the escape was made. He said that all necessary tools seemed to turn up at the right moment and that Inlow had been the stronger mind in the proceedings. In an interview last night, Christensen said:

"The first notion Inlow gave me of his plan to escape was about two weeks ago when he discussed the matter with me in detail. I told him that it would be useless for me to try to escape, as in my physical condition I could only hope to escape my pursuers for a few hours. He finally convinced me, however, and I agreed to go if he did. I hoped to just spend a few hours with my children.

"We started to work, but the only thing I know about it was that I helped Inlow to file into the upper padlock in the cell and to saw and dig into the cement and brick of the window. All the tools necessary seemed to show up at the right time, but Inlow would give me no definite idea as to where they came from. Two files that he produced, he said he found in the bathroom hanging in a box of water over the toilet. I asked him why they had not rusted, and he said they had been encased in rubber.

"I had a piece of thin iron which had been devised into a crude saw which we used to break the brick-work around the window after we had cut through the wood of the casing. He also had a pair of pliers with which we cut a piece of wire and picked the lock after filing into the mechanism so that we could reach the tumbler. When we found that we were caught, Inlow broke the file into bits and put the pieces in the closet. The heavy piece of iron was also broken and we threw the pieces out of the window upon the roof of a building. The pieces are still there.

"We hid the pliers in a pillow, but it was my pillow instead of Inlow's, as the officers thought, I don't know how the pillow got to be on Inlow's bed, as it was the one I had been using. When we were working at breaking away the bricks, I was afraid all the time, as we made so much noise, but Inlow repeatedly told me not to 'get cold feet.'

"One night in particular, I think it was Thursday night, I was tired and weak and so had gone to bed early. Inlow worked until nearly 2 o'clock in the morning, and he made so much noise that I couldn't sleep, and I was afraid he would awaken everybody in the jail. He stopped after the brick fell into the driveway at the side of the jail. I was very much frightened, as was Inlow. He asked me what we should do, and I told him I was in favor of making a clean breast of the whole affair, but he refused to do this, and convinced me that it would not be discovered. It was discovered, and we noticed there was something wrong and tried to hide all the tools we had used. I have been worried ever since, and at last decided to tell the whole thing."

## Ogden Druggist Makes a Statement

We always advise people who have stomach or bowel trouble to see a doctor. But to those who do not wish to do this, we will say: Try the medicine, known as Adler-ika. This simple new remedy is so powerful that JUST ONE DOSE usually relieves your stomach, gas on the stomach and constipation QUICKLY. People who try Adler-ika are surprised at its QUICK action. A. R. McIntyre, Druggist, 2421 Washington Ave.

## ESCAPE OF PRISONERS

Manti, Utah, May 19.—A clever jail-break was executed here Saturday by George Davis, Edward Dunn and Frank Clayton, who were in the county jail charged with blowing up the vault of the courthouse on the night of April 14.

These men were arrested by Night Marshal Jones of Spanish Fork some time ago, and burglar tools and explosives found in their possession. They were brought to Manti by Sheriff Burns and at a preliminary hearing held recently were bound over to the district court.

The discovery that they had escaped was made at 7 o'clock Sunday morning when David Ruesch, who conducts a bakery, telephoned the sheriff that his bakery had been broken into and some of his wares stolen. The sheriff investigated and found the prisoners gone with a food supply for about three days with them.

That these men are not novices at the business of breaking jail became apparent when it was found that they had torn a grip to pieces and with the thin steel of which the frame was made they manufactured saws. A brace for drilling was made by bending a heavy wire into a hook so that it could be manipulated in the desired manner.

With these tools they sawed and drilled until the heavy iron door was soon made to open into the corridor. Here but a brick wall was between them and liberty. With the use of a heavy bar of iron a hole about twelve by eighteen inches was made through the wall immediately alongside the window frame on the east side of the jail.

The sheriff is mobilizing a large posse in the hope of recapturing them.

### BRYAN'S DENIAL

Mexico City, May 18.—Commenting on Secretary Bryan's denial that the state department is conducting or has conducted any investigation into charges against Henry Lane Wilson, the American ambassador to Mexico, the ambassador said today:

"I am greatly gratified at the com-

## REPUBLICANS WILL SCHEME TO WIN BACK PROGRESSIVES AT MAY 24 CONFERENCE



Top, W. Murray Crane (left) and Senator Smoot. Bottom, Charles D. Hill.

Washington, May 19.—(Special.)—When the executive committee of the Republican national committee meets in Washington on May 24, it is quite likely that plans will be laid to bring back into the G. O. P. fold if possible the four million voters who left it last year.

The committee is controlled by conservatives like former Senator Crane of Massachusetts, Senator Smoot of Utah, Senator Penrose of Pennsylvania, State Chairman Barnes of New York, and National Chairman Dewey Hill. These men at heart are opposed to the policies favored by Senators Cummins and Borah and the other Republicans who made up the recent Chicago conference. They realize, however, that party success will be much more certain if men who have followed the Bull Moose can be coaxed back.

So no one will be surprised if the executive committee submits to the full national committee a proposition to call a special national convention, at which the basis of Republican representation in future nominating conventions shall be changed. Such a change of representation would give the seven votes in the next nominating convention instead of twenty-four; Florida five instead of twelve; Georgia nine instead of twenty-eight;

Under the proposed change, the Republican vote cast, instead of the population, would be the means of proportioning the delegate voting power of the states. Alabama, under the proposed apportionment plan, would get seven votes in the next nominating convention instead of twenty-four; Florida five instead of twelve; Georgia nine instead of twenty-eight; Louisiana five instead of twenty; Texas eleven instead of forty, and so on.

Some of the increases would be as follows: Ohio from forty-eight to sixty-nine; Indiana from twenty-six to forty-three; Missouri from thirty-six to forty-three; Illinois from fifty-eight to seventy-five, and New York from ninety to 192.

Overturns will not be made to Col. Roosevelt and the other leaders of the Progressive party, if for no other reason than that they would most certainly be rejected. The Progressives have been very outspoken in their declarations of hostility to the G. O. P.

What the Republican leaders hope is that they can adopt a course which will bring back into camp Progressive voters rather than Progressive leaders.

20,000 signatures on the petition that will provide for the holding of a special election to enable the voters to enact the kind of legislation they desire.

Discussing the leasing clause of the Webb bill, the speakers dwelt on the fact that there were no provisions in the Webb bill that prohibited aliens from renewing lease at the expiration of the three years, while a premium was placed on the leases.

The proposed substitute bill that will be submitted to the people, they say, would emphasize the fact that there were at present 75,000 Japanese in California and more than 30,000 Chinese and it was pointed out that California meant to have a protective measure against aliens that in reality should be provided by national legislation.

### WEATHER FORECAST

State of Utah: Showers Monday, colder in southern portions. Fair Tuesday.  
Comparative weather data at Salt Lake City May 18, 1913:  
Highest temperature today, 71 degrees; highest in this month since 1874, 93; lowest last night, 55; lowest this month since 1874, 26; mean temperature for today, 63; normal, 59; accumulated excess since the first of the month, 21 degrees; accumulated deficiency since January 1, 120 degrees.

Relative humidity at 6 a. m. today, 56 per cent; relative humidity at 6 p. m. today, 65 per cent.  
Total precipitation for the twenty-four hours ending at 6 p. m., trace; total for this month to date, 10 of an inch; accumulated deficiency for this month to date, 1.12 inches; total precipitation since January 1 to date, 7.03 inches; accumulated deficiency since January 1, 1.54 inches.

Sun rises at 7:06 and sets at 5:42 May 19, 1913.

	Temperature
	6 p. m. High Low
Salt Lake	55 71 55
Boise	50 58 33
Cheyenne	50 70 42
Chicago	52 60 52
Denver	70 78 45
Helena	42 44 26
Jacksonville	76 84 68
Kansas City	52 62 48
Los Angeles	62 64 46
New Orleans	78 88 70
New York	56 68 45
Oklahoma	74 80 60
Pocatello	42 52 50
St. Louis	72 72 58
San Francisco	58 62 52
Washington	70 78 52
Winnemucca	54 56 46

### PAY FINAL TRIBUTE.

Salt Lake, May 19.—Mrs. Alzina M. Tatlock, wife of Col. E. W. Tatlock of 1341 South Fourth East street,

Louisiana five instead of twenty; Texas eleven instead of forty, and so on.

Some of the increases would be as follows: Ohio from forty-eight to sixty-nine; Indiana from twenty-six to forty-three; Missouri from thirty-six to forty-three; Illinois from fifty-eight to seventy-five, and New York from ninety to 192.

Overturns will not be made to Col. Roosevelt and the other leaders of the Progressive party, if for no other reason than that they would most certainly be rejected. The Progressives have been very outspoken in their declarations of hostility to the G. O. P.

What the Republican leaders hope is that they can adopt a course which will bring back into camp Progressive voters rather than Progressive leaders.

20,000 signatures on the petition that will provide for the holding of a special election to enable the voters to enact the kind of legislation they desire.

Discussing the leasing clause of the Webb bill, the speakers dwelt on the fact that there were no provisions in the Webb bill that prohibited aliens from renewing lease at the expiration of the three years, while a premium was placed on the leases.

The proposed substitute bill that will be submitted to the people, they say, would emphasize the fact that there were at present 75,000 Japanese in California and more than 30,000 Chinese and it was pointed out that California meant to have a protective measure against aliens that in reality should be provided by national legislation.

The proposed substitute bill that will be submitted to the people, they say, would emphasize the fact that there were at present 75,000 Japanese in California and more than 30,000 Chinese and it was pointed out that California meant to have a protective measure against aliens that in reality should be provided by national legislation.

20,000 signatures on the petition that will provide for the holding of a special election to enable the voters to enact the kind of legislation they desire.

Discussing the leasing clause of the Webb bill, the speakers dwelt on the fact that there were no provisions in the Webb bill that prohibited aliens from renewing lease at the expiration of the three years, while a premium was placed on the leases.

The proposed substitute bill that will be submitted to the people, they say, would emphasize the fact that there were at present 75,000 Japanese in California and more than 30,000 Chinese and it was pointed out that California meant to have a protective measure against aliens that in reality should be provided by national legislation.

State of Utah: Showers Monday, colder in southern portions. Fair Tuesday.  
Comparative weather data at Salt Lake City May 18, 1913:  
Highest temperature today, 71 degrees; highest in this month since 1874, 93; lowest last night, 55; lowest this month since 1874, 26; mean temperature for today, 63; normal, 59; accumulated excess since the first of the month, 21 degrees; accumulated deficiency since January 1, 120 degrees.

Relative humidity at 6 a. m. today, 56 per cent; relative humidity at 6 p. m. today, 65 per cent.  
Total precipitation for the twenty-four hours ending at 6 p. m., trace; total for this month to date, 10 of an inch; accumulated deficiency for this month to date, 1.12 inches; total precipitation since January 1 to date, 7.03 inches; accumulated deficiency since January 1, 1.54 inches.

Sun rises at 7:06 and sets at 5:42 May 19, 1913.

	Temperature
	6 p. m. High Low
Salt Lake	55 71 55
Boise	50 58 33
Cheyenne	50 70 42
Chicago	52 60 52
Denver	70 78 45
Helena	42 44 26
Jacksonville	76 84 68
Kansas City	52 62 48
Los Angeles	62 64 46
New Orleans	78 88 70
New York	56 68 45
Oklahoma	74 80 60
Pocatello	42 52 50
St. Louis	72 72 58
San Francisco	58 62 52
Washington	70 78 52
Winnemucca	54 56 46

Salt Lake, May 19.—Mrs. Alzina M. Tatlock, wife of Col. E. W. Tatlock of 1341 South Fourth East street,

### PAY FINAL TRIBUTE.

Salt Lake, May 19.—Mrs. Alzina M. Tatlock, wife of Col. E. W. Tatlock of 1341 South Fourth East street,

## LONDON

"Learn One Thing Every Day"

### No. 1. THE TOWER OF LONDON

Copyright, 1913, by The Associated Newspaper School, Inc.

Few places in the world have served as the final stage setting for so many tragedies as the Tower of London, the grim fortress on the Thames, part of which dates from the time of William the Conqueror, which has served as a royal residence as well as a royal prison. Many are the stories that cling about the dark old pile of stone.

That sweet-tempered monster, Henry VIII, who then lived at the Tower, had been on the throne of England a number of years when he began to tire of his queen, Catharine of Aragon, aunt of Emperor Charles of Germany, and cast about for a means of getting rid of her. His impatience was heightened by the appearance, as maid of honor to the queen, of a beautiful young girl of good family named Anne Boleyn, with whom Henry promptly fell head over heels in love. King Henry found her as good and gifted as she was beautiful, and he urged upon Pope Clement the fact that Catharine had been his brother's widow as a ground for annulling the former marriage.

That diletary was in much trouble and in the power of Emperor Charles whom he was anxious not to offend. The result was a series of conferences and delays which lasted over several years.

Exasperated by continued delay Henry finally decided to take upon himself the whole responsibility, had his former marriage declared null and married Anne Boleyn and brought her to live at his palace in the Tower. There followed the quarrel with the pope and the breaking of the ties between England and the Church of Rome.

There came a day when Henry, who had been desperately in love with Anne before his marriage, became tired of her, notwithstanding her accomplishments, her grace, and her beauty. His eyes were cast now on

Jane Seymour, a lady in waiting. Anne's enemies fanned the king's estranged feelings with slanderous gossip. At Greenwich, during the progress of a tilting match, Anne accidentally dropped her handkerchief. The king, eager for any pretext, seized upon this as evidence of a flirtation and had her cast into prison in the Tower. Thence she wrote pathetic appeals to the king, pleading her innocence. Her trial was a farce. She was condemned to die and was beheaded on the block that stood within the Tower inclosure, the scene of her recent splendour. Henry watched from a hill at Richmond for the smoke of the gun that announced the execution.

The Tower lies on the east of the city, outside the old walls. With a deep moat, now drained, and two thick walls of masonry, with towers at frequent intervals, it is still kept up as a garrison and fortress. Every one of its many towers and dungeons has its stories of tragedy and crime, its memories of horrible injustice and blind fanaticism. Here the Duke of Clarence was drowned in a butt of malmsey through the jealousy of his brother, King Edward IV. Here the two young princes, sons of Edward IV, were murdered by order of their uncle, Richard III; here King Henry VI was slain by the Duke of Gloucester in 1471. Here were confined and executed many of the foremost men and women in England. Elizabeth, daughter of Henry VIII, and Anne Boleyn, afterward the great Queen Elizabeth, was imprisoned here by her stepister, Queen Mary.

One of the towers now contains the crown jewels of England among which are some of the most celebrated gems in the world. Nowadays the Tower is a gloomy, desolate, and depressing pile, with memories of so much that is unfair in English history. Around the spot where the fair Anne Boleyn was executed a pair of ravens now hop and croak like spirits of evil that have come back to haunt the scene of so much suffering and inhumanity.

Every day a different human interest story will appear in the Standard. You can get a beautiful intaglio reproduction of the above picture, with five others, equally attractive, 7x9 1/2 inches in size, with this week's "Mentor." In "The Mentor" a well known authority covers the subject of the pictures and stories of the week. Read, write, know art, literature, history, science, and travel, and own exquisite pictures. On sale at Spargo's Book Store. Price ten cents.

who died May 15, were held in Philip's Congregational church yesterday afternoon. Mrs. Tatlock had for many years been a valued member of the church and the Rev. Peter A. Simpkins paid a high tribute to her life and character. The members of the Grand Army of the Republic and their wives attended the services in a body.

Mrs. Tatlock was born in Naticoke, Pa., November 16, 1845, and was married to Colonel Tatlock at Wapello,

la., October 6, 1870. She had been living in Salt Lake nearly thirty years. She is survived by her husband, two married daughters. Both of her daughters who live in California were here for the services. Interment was in Mount Olivet cemetery.

Governor Sulzer of New York has signed the Wagner bill reorganizing the state labor department, extending its jurisdiction and creating an industrial board.

## COMMERCIAL NATIONAL BANK

OGDEN, UTAH

### THE OLD TIME SAFE

It is proven again and again that the old time office safe will not stand the test of fire or attack by burglars. Safety for your valuables is very important.

Our Vault is Fire and Burglar Proof.

Safe Deposit Boxes for rent.

\$2.00 and up per year.

## Eat Your Peck of Dirt BUT BE CAREFUL HOW YOU BREATHE IT

Every swish of a broom starts millions of microbes aeroplaning down our bronchial tubes.

A "SANTO" ELECTRIC VACUUM CLEANER leaves a path clear as mountain air.

Rent One for a Day—One Dollar (Delivered)

## Electric Service Co.

"The Live Wire Contractors"

Phone 88

Up 24th St.

## Slade's Transfer

Phone 321. 408 25th Street

We have the largest van in the city. Quick service. Moving, shipping and handling planes. Prompt freight deliveries. Furniture moving a specialty. Storage at reasonable rates.

## CHICHESTER'S PILLS

THE DIAMOND BRAND. Ladies! Ask your Druggist for Chichester's Diamond Brand Pills. They are the only pills that are sure to cure. Take one after dinner. Buy only the Diamond Brand Pills. Sold by Druggists Everywhere.

## INDEPENDENT MEAT COMPANY

2420 WASHINGTON AVE.

No Credit Market can meet our prices and give you the same High Quality Meats. The following prices will be in effect until we close SATURDAY Evening.

Chuck Steaks per pound	12 1-2c
Plate Boil per pound	8 and 10c
Shoulder Pot Roasts per pound	10 and 12 1-2c
Rump Roasts per pound	12 1-2 and 15c